

PLYMOUTH

ZONE FITNESS

BRONZE MEMBERSHIP

- * Gym Only
- * Annual Membership **£300**
- * 12 month contract **£35 a month**
- * *Rolling contract **£39 a month**

SILVER MEMBERSHIP

- * Gym & Classes
- * Annual Membership **£350**
- * 12 Month Membership **£39 a month**
- * *Rolling Contract **£43 a month**

GOLD MEMBERSHIP

- * Gym, Classes and Transformation Programme
- * Includes Food Plans, Body Composition Assessments, 3D Image Scans, Accountability with weekly progress tracking, education and ongoing support, gym programmes and unlimited classes
- * Annual Membership **£500**
- * 12 month membership **£55 a month**
- * *Rolling contract **£75 a month**

PLATINUM MEMBERSHIP

- * Gym, Classes, Transformation Programme and Personal Training
- * Includes Food Plans, Body Composition Assessments, 3D Body Image Scans, Accountability with weekly progress tracking, education and ongoing support, gym programmes and unlimited classes, a weekly personal training session
- * Annual Membership **£1500**
- * 12 Month Membership **£150 a month**
- * *Rolling Contract **£175 a month**

*30 days notice required on rolling contracts